SWISS POWERLIFTING COMMITTEE
Schweizer Kraftsport Verband / WPC, WPO, WUAP, GPC - Affiliated

OFBB POWERED BY X-FRESH
OPEN FITNESS & BODY-BUILDING

SPCO RAW-Bankdrücken
Raising-Bar-System
17. Oktober 2009
Dietikon (ZH)

Rang	Athlet	Alter	Alters-gruppe	Gewicht	Gewichts-kategorie	BD	V1	V2	V3	V4	V5	V6	V7	V8	V9	V10
					Anfänger											
1	Rotunno Alessandro	26	Open	87.1	-90	175	170	~~175~~	175	~~180~~						
2	Melzer Bruno	34	Open	86.2	-90	140	100	110	120	130	135	140	~~145~~	~~145~~		
3	Fortak Alexander	32	Open	72.6	-75	130	100	110	120	125	130	~~135~~	~~135~~			
4	Herger Noldi	25	Open	89.8	-90	105	100	105	~~115~~	~~115~~						
5	Marty Philipp	17	T16-17	60.9	-67.5	80	65	70	75	80	~~85~~	~~85~~				
					Junioren											
1	Girardin Julien	22	Jun	111.4	-125	205	140	160	180	190	200	205				
2	Mujkic Denis	17	T16-17	84.5	-90	135	100	110	120	125	130	135	~~140~~	~~140~~		
3	Stettler Christof	23	Jun	71.1	-75	120	~~120~~	120	~~125~~							
4	Steiner Mathias	21	Jun	79.6	-82.5	120	80	90	100	110	115	120	~~125~~	~~125~~		
5	Stettler Tobias	20	Jun	70.8	-75	100	90	95	~~100~~	100	~~105~~					
					Open -100 kg											
1	Hänni Ronny	30	Open	96.5	-100	187.5	125	150	165	180	185	187.5	~~192.5~~			
2	Lüscher Urs	48	Open	96.6	-100	185	~~180~~	180	185	~~190~~						
3	Kurmann Robert	29	Open	92.9	-100	170	160	170	~~175~~	~~175~~						
4	Graber Michael	28	Open	97	-100	170	125	150	160	165	170	~~175~~	~~175~~			
5	Steiner Erich	37	Open	90	-90	160	120	130	140	~~150~~	150	160	~~170~~			
6	Oertig Daniel	26	Open	93	-100	160	100	120	130	140	145	150	155	160	~~165~~	~~165~~
7	Kälin Hansjürg	39	Open	99.4	-100	155	130	140	150	155	~~160~~					
8	Tresch David	27	Open	82.1	-82.5	150	140	150	~~155~~	~~155~~						
9	Pfäffli Patrick	35	Open	82.5	-82.5	145	115	130	140	145	~~150~~	~~150~~				
					Open +100 kg											
1	Meier Daniel	37	Open	129.5	-140	230	~~220~~	220	230	~~250~~						
2	Diethalm Peter	35	Open	122.2	-125	225	140	160	180	195	215	220	225	~~230~~		
3	Eberhart Ronnie	34	Open	113.9	-125	195	130	140	150	160	170	180	185	190	195	
4	Vogler Roland	33	Open	107.7	-110	165	130	140	150	~~160~~	165	~~170~~				
5	Indergand Stefan	34	Open	104.1	-110	130	~~120~~	120	130	~~140~~						
					Master											
1	Langensand Adrian	48	M45-49	101.5	-110	190	~~140~~	160	180	190	~~200~~					
2	Biderbost Claudio	41	M40-44	105.4	-110	170	100	120	140	150	160	165	170	~~175~~		
3	Caranci Michele	40	M40-44	86.7	-90	130	100	120	130	~~140~~						
4	Ingold Marcel	62	M60-64	73	-75	95	80	85	90	92.5	95					
-	Lüscher Urs	48	M45-49	96.6	-100	-	~~185~~	~~185~~								