

WPC – Germany

Deutsche Meisterschaft 2020

4. - 5. Sept. in Plettenberg

Bankrücken "RAW"

Firstname	Lastname	BW	Reshle	W.Cl.	class	McC	1. Vers.	2. Vers.	3. Vers,	4. Vers.	Total	Reshle	McC	Place
Lolita	Zankl	66,8	1,647	-67,5	open	1,410	100,0	110,0	x120,0		110,0	181,17	xxx	1
Lolita	Zankl	66,8	1,647	-67,5	M 60-64	1,410	100,0	110,0	x120,0		110,0	181,17	255,45	1
Christian	Zimmer	72,3	1,139	-75,0	M 45-49	1,114	x122,5	x122,5	122,5		122,5	139,53	155,43	1
Heinz-Werner Bongard		71,0	1,117	-75,0	M 75-79	1,940	85,0 DR	90,0 DR	92,5 DR		92,5	103,32	200,45	1
Karina	Müller-Freye	80,5	1,492	-82,5	M 50-54	1,150	70,0	78,0 DR	x78,5 DR		78,0	116,38	133,83	1
Fred	Pommerenke	77,0	1,090	-82,5	M 55-59	1,322	95,0	97,5	x100,0		97,5	106,28	140,50	1
Gerd	Müller	82,8	1,026	-90,0	M 65-69	1,630	110,0	115,0	120,0		120,0	123,12	200,69	1
Matthias	Schuster	88,0	0,983	-90,0	Jun.	1,000	145,0	155,0	x160,0		155,0	152,37	xxx	1
Maximilian Hausdörfer		89,5	0,972	-90,0	Jun.	1,000	140,0	x147,5	xxx		140,0	136,08	xxx	2
Sabine	Allner	121,8	1,306	90,0+	open	1,000	110,0	125,0 DR	x130,0DR		125,0	163,25	xxx	1
Maximilian Welzel		88,0	0,983	-90,0	open	1,000	152,5	162,5	x170,0		162,5	159,74	xxx	1
Tilo	Kupper	88,2	0,981	-90,0	open	1,273	152,5	157,5	x160,0		157,5	154,51	xxx	2
Mirko	Klatt	89,7	0,970	-90,0	M 40-44	1,005	120,0	130,0	135,0		135,0	130,95	131,60	1
Tilo	Kupper	88,2	0,981	-90,0	M 55-59	1,273	152,5	157,5	x160,0		157,5	154,51	196,69	1
Justin	Kämpf	90,5	0,965	-100,0	Jun.	1,000	115,0	125,0	130,0		130,0	125,45	xxx	1
Rene´	Seitz	98,0	0,923	-100,0	open	1,000	200,0	205,0	210,0		210,0	193,83	xxx	1
Sebastian	Brunner	99,3	0,945	-100,0	open	1,000	165,0	175,0	x180,0		175,0	165,38	xxx	2
Rico	Martinez	92,3	0,951	-100,0	open	1,510	170,0	xxx	xxx		170,0	161,67	xxx	3
Wladimir	Bleer	98,0	0,923	-100,0	open	1,000	x160,0	x160,0	160,0		160,0	147,68	xxx	4
Thomas	Jestel	96,7	0,933	-100,0	open	1,000	x130,0	x130,0	130,0		130,0	121,29	xxx	5
Rico	Martinez	92,3	0,951	-100,0	50-54	1,115	170,0	xxx	xxx		170,0	161,67	180,26	1
Thorsten	Ritter	96,6	0,928	-100,0	M 55-59	1,273	140,0	150,0	x155,0		150,0	139,20	177,20	1
Kurt	Schoula	99,2	0,918	-100,0	M 65-69	1,597	150,0	160,0	x165,5DR		160,0	146,88	234,57	1
Albert	Olomek	91,4	0,958	-100,0	M 70-74	1,820	110,0	120,0	x127,5		120,0	114,96	209,23	1
Hendrik	Hofmann	105,0	0,898	-110,0	Jun.	1,000	150,0	x155,0	155,0		155,0	139,19	xxx	1
Nico	Viduka	104,7	0,899	110,0	open	1,000	200,0	x210,0	x210,0		200,0	179,80	xxx	1
Thomas	Godesberg	124,2	0,859	-125,0	open	1,000	205,0	215,0	225,0		225,0	193,28	xxx	1
Fabian	Dick	123,0	0,860	-125,0	open	1,000	200,0	205,0	210,0		210,0	180,60	xxx	2
Walter	Kurda	123,3	0,860	-125,0	open	1,565	162,5	167,5	170,0		170,0	146,20	228,80	3
Walter	Kurda	123,3	0,860	-125,0	M 65-69	1,565	162,5	167,5	170,0		170,0	146,20	228,80	1
Heiko	Götz	126,0	0,857	-140,0	open	1,005	220,0	230,0 DR	x235,0DR		230,0	197,11	xxx	1

Markus	Weinmaier	136,2	0,845	-140,0	open	1,000	200,0	205,0	210,0		210,0	177,45	177,45	2
Göksel	Böttcher	127,7	0,857	-140,0	open	1,028	150,0	162,5	x165,0		162,5	139,26	xxx	3
Heiko	Götz	126,0	0,857	-140,0	M 40-44	1,005	220,0	230,0 DR	x235,0DR		230,0	197,11	198,10	1
Göksel	Böttcher	127,7	0,857	-140,0	M 40-44	1,028	150,0	162,5	x165,0		162,5	139,26	143,16	2
Helmut	Rangnit	127,5	0,854	-140,0	M 60-64	1,501	135,0DR	142,5DR	145,0DR	150,0DR	145,0	123,83	185,87	1
Jenz-Peter	Protzmann	144,7	0,836	140+	M 50-54	1,207	170,0DR	180,0DR	x190,0DR		180,0	150,48	181,63	1

Bankrücken "SP"

Firstname	Lastname	BW	Reshle	W.Cl.	class	McC	1. Vers.	2. Vers.	3. Vers,	4. Vers.	Total	Reshle	McC	Place
Roman	Kwiatek	95,7	0,933	-100,0	M 45-49	1,060	185,0	x190,0	x190,0		185,0	172,61	182,96	1

Bankdrücken "mit Slingsh Nur Jun=bis 22// open bis 44 // Master ab 45

Firstname	Lastname	BW	Reshle	class	Agepoint	1. Vers.	2. Vers.	3. Vers,	4. Vers.	Total	Reshle	Agepoint	Place
Lolita	Zankl	66,8	1,647	open	xxx	130,0	140,0	x150,0		140,0	230,58	xxx	1
Lolita	Zankl	66,8	1,647	Master	1,410	130,0	140,0	x150,0		140,0	230,58	325,12	1
Erik	Knöfler	101,6	0,909	open	xxx	260,0	280,0	x300,0		280,0	254,52	xxx	1
Göksel	Böttcher	127,7	0,854	open	xxx	170,0	180,0	x190,0		180,0	153,72	xxx	2
Kurt	Schoula	99,2	0,918	Master	1,597	180,0	x190,0	190,0		190,0	174,42	278,55	1

Kreuzheben "RAW"

Firstname	Lastname	BW	Reshle	W.Cl.	class	McC	1. Vers.	2. Vers.	3. Vers,	4. Vers.	Total	Reshle	McC	Place
Lolita	Zankl	66,8	1,647	-67,5	open	1,410	160,0	170,0	x180,0		170,0	279,99	xxx	1
Sherif	Lehmann	66,1	1,000	-67,5	open	1,000	120,0	135,0	x145,0		135,0	135,00	xxx	1
Elvira	Gerland	63,2	1,711	-67,5	M 45-49	1,132	85,0	95,0	105,0DR		105,0	179,66	203,37	1
Lolita	Zankl	66,8	1,647	-67,5	M 60-64	1,410	160,0	170,0	x180,0		170,0	279,99	394,79	1
Moritz	Rudolph	73,3	1,139	-75,0	T 16/17	1,000	130,0	140,0	145,0		145,0	165,16	xxx	1
Ulrike	Ertl	76,4	1,529	82,5	open	1,410	170,0	x180,0	185,0		185,0	282,87	xxx	1
Ulrike	Ertl	76,4	1,529	82,5	M 60-64	1,410	170,0	x180,0	185,0		185,0	282,87	398,84	1
Hans	Malchau	74,5	1,124	-75,0	M 65-69	1,664	120,0	x125,0	x125,0		120,0	134,88	224,44	1
Robin	Spielmann	76,0	1,103	-82,5	Jun.	1,000	150,0	170,0	185,0		185,0	204,06	xxx	1
Denny	Lorenzen	77,0	1,090	-82,5	open	1,000	165,0	x170,0	x170,0		165,0	179,85	xxx	1
Gerd	Müller	82,8	1,026	-90,0	M 65-69	1,630	140,0	160,0	163,0DR		163,0	167,24	272,60	1
Matthias	Stach	88,9	0,976	-90,0	open	1,000	250,0	262,5	265,0		265,0	258,64	xxx	1
Maximilian	Welzel	88,0	0,983	-90,0	open	1,000	247,5	257,5	262,5		262,5	258,04	xxx	2
Thomas	Jestel	96,7	0,933	100,0	open	1,000	220,0	235,0	x250,0		235,0	219,26	xxx	1
Johannes	Held	92,4	0,951	100,0	open	1,000	170,0	185,0	x195,0		185,0	175,94	xxx	2
Heinz-J.	Probst	93,2	0,947	-100,0	M 70-74	1,860	100,0	110,0	120,0		120,0	113,64	211,37	1
Nico	Viduka	104,7	0,899	110,0	open	1,000	300,0	315,0	x325,5DR		315,0	283,19	xxx	1

Rene	Falk	113,4	0,876	-125,0	M 50-54	1,150	275,0	290,0	x302,5DR		290,0	254,04	292,15	1
Patrick	Ohleff	136,7	0,844	-140,0	open	1,000	270,0	x300,0	x302,5		270,0	227,88	xxx	1
Göksel	Böttcher	127,7	0,857	-140,0	open	1,028	160,0	180,0	200,0		200,0	171,40	xxx	2
Göksel	Böttcher	127,7	0,857	-140,0	M 40-44	1,028	160,0	180,0	200,0		200,0	171,40	176,20	1

Kreuzheben "SP"

Firstname	Lastname	BW	Reshle	W.Cl.	class	McC	1. Vers.	2. Vers.	3. Vers,	4. Vers.	Total	Reshle	McC	Place
Stefanie	Mörchen	104,8	1,344	90+	M 40-44	1,005	115,0	125,0	135,0		135,0	181,44	xxx	
Peter	Kotschenreuth	99,2	0,918	-100,0	M 55-59	1,273	180,0	200,0	215,0		215,0	197,37	251,25	

Kniebeuge "Raw"

Firstname	Lastname	BW	Reshle	W.Cl.	class	McC	1. Vers.	2. Vers.	3. Vers,	4. Vers.	Total	Reshle	McC	Place
Robin	Spielmann	76,9	1,090	-82,5	Jun.	1,000	140,0	160,0	x170,0		160,0	174,40	xxx	1
Göksel	Böttcher	127,5	0,854	-140,0	open	1,028	140,0	160,0	180,0		180,0	153,72	xxx	1
Göksel	Böttcher	127,5	0,854	-140,0	M 40-44	1,028	140,0	160,0	180,0		180,0	153,72	158,02	1

Powerlifting "RAW" ohne Kniebandagen (Nacktes Knie)

Firstname	Lastname	BW	Reshle	W.Cl.	class	McC	SQ 1	2	3	4	BP 1	2	3	4	DL 1	2	3	4	Total	Reshle	McC	Place
Jonas	Ehrich	74,3	1,124	-75,0	open	1,000	110,0	120,0	130,0		85,0	x92,5	x92,5		175,0	190,0	200,0		415,0	466,5	xxx	1
Michele	Lemonis	75,5	1,110	-82,5	open	1,000	142,5	157,5	165,0		95,0	100,0	105,0		197,5	220,0	240,0		510,0	566,1	xxx	1
Ulrich	Mielich	76,0	1,103	-82,5	M 80+	2,100	40,0 DR	55,0 DR	60,0 DR		45,0	50,0 DR	55,0 DR		70,0 DR	80,0 DR	90,0 DR		205,0	226,1	474,8	1
Burak	Korkmaz	85,2	1,022	-90,0	Jun.	1,000	140,0	x155,0	x155,0		125,0	x135,0	x135,0		180,0	200,0	x210,0		465,0	475,2	xxx	1
Detlef	Riedel	84,5	1,011	-90,0	M 60-64	1,380	180,0	200,0	220,0		130,0	137,5 DR	x140,0 DR		200,0	215,0 DR	225,0 DR		582,5	588,9	812,7	1
Jonas	Speidel	96,6	0,944	-100,0	Jun.	1,000	145,0	155,0	165,0		120,0	x135,0	135,0		180,0	200,0	215,0		515,0	486,2	xxx	1
Frank	Hamann	109,6	0,885	-110,0	M 50-54	1,207	170,0	185,0	200,0		130,0	140,0	150,0		225,0	x250,0	x250,0		575,0	508,9	614,2	1
Göksel	Böttcher	127,5	0,854	-140,0	open	1,028	140,0	160,0	180,0		140,0	150,0	160,0		140,0	160,0	180,0		520,0	444,1	xxx	1
Göksel	Böttcher	127,5	0,854	-140,0	M 40-44	1,028	140,0	160,0	180,0		140,0	150,0	160,0		140,0	160,0	180,0		520,0	444,1	456,5	1

Powerlifting "Classic- RAW" Mit Kniebandagen

Firstname	Lastname	BW	Reshle	W.Cl.	class	McC	SQ 1	2	3	4	BP 1	2	3	4	DL 1	2	3	4	Total	Reshle	McC	Place
Daria	Feofanova	50,7	2,146	-52,0	T 16-17	1,000	60,0	x70,0	xxx		25,0	30,0	x35,0		70,0	80,0	85,0		175,0	375,6	xxx	1
Monique	Siwek	51,5	2,105	-52,0	open	1,000	95,0	100,0DR	x105,0DR		70,0	75,0DR	x77,5DR		115,0	125,0	130,0	136,0DR	305,0	642,0	xxx	1
Nicole	Enin	54,3	1,963	-56,0	T 16-17	1,000	90,0DR	x100,0DR	xxx		40,0	DR45,5	x50,0DR		80,0	90,0	100,0	110,5DR	235,5	462,3	xxx	1
Simone	Hobbie	64,5	1,690	-67,5	open	1,000	100,0	110,0	115,0		55,0	60,0	x62,5		130,0	135,0	x140,0		310,0	523,9	xxx	1
Bastian	Pfeiffer	80,1	1,051	-82,5	Jun.	1,000	145,0	155,0	162,5		100,0	110,0	115,0		160,0	170,0	180,0		457,5	480,8	xxx	1
Luca	Schöning	77,7	1,090	-82,5	open	1,000	170,0	185,0 DR	200,0 DR		110,0	120,0 DR	x127,5 DR		210,0 DR	220,0 DR	230,0 DR		550,0	599,5	xxx	1
Jonathan	Steffens	78,6	1,069	-82,5	open	1,000	150,0	x155,0	155,0		110,0	x115,0	115,0		170,0	180,0	x190,0		450,0	481,1	xxx	2
Jonas	Homscheid	84,6	1,008	-90,0	Jun.	1,000	230,0	250,0	x255,0		130,0	x137,5	x137,5		280,0	x301,0DR	x301,0DR		667,5	672,8	xxx	1
Mike	Künzling	86,6	0,992	-90,0	M 55-59	1,250	215,0	222,5 DR	227,5 DR		132,5	142,5	x145,0		210,0	230,0	x235,0		600,0	595,2	744,0	1
Jürgen	Slawik	97,6	0,924	-100,0	M 55-59	1,322	170,0	185,0	195,0		120,0	130,0	135,0		215,0	230,0	x242,5		560,0	517,4	684,1	1
Peter	Kotschenreuther	99,0	0,919	-100,0	M 55-59	1,273	140,0	155,0	162,5		130,0	135,0	x137,5		190,0	210,0	x220,0		507,5	466,4	593,7	2
Mike	Tissen	107,2	0,892	-110,0	Jun.	1,000	180,0	200,0	210,0		130,0	140,0	147,5		220,0	240,0	252,5		610,0	544,1	xxx	1
Hendrik	Hofmann	104,1	0,900	-110,0	Jun.	1,000	x160,0	170,0	175,0		150,0	x155,0	x155,0		195,0	210,0	220,0		545,0	490,5	xxx	2
Sebastian	Messer	106,2	0,894	-110,0	open	1,000	220,0	235,0	245,0		115,0	125,0	x130,0		255,0	265,0	270,0		640,0	572,2	xxx	1
Max	Kleinwächter	117,4	0,868	-125,0	open	1,000	335,0	x350,0	x350,0		210,0	220,0	230,0		x300,0	300,0	x335,0		865,0	750,8	xxx	1
Bernd	Beyer	115,2	0,872	-125,0	M 50-54	1,187	130,0	140,0	150,0		90,0	95,0	100,0		130,0	140,0	150,0		400,0	348,8	414,0	1
Maximilian Serfas		158,4	0,825	140,0+	open	1,000	270,0	300,0	310,0		170,0	180,0	187,5		240,0	265,0	280,0		777,5	641,4	xxx	1
Jens	Hantel	100,4	0,906	-110,0	M 45-49	1,060	x187,5	x187,5	x187,5		xxx	xxx	xxx		xxx	xxx	xxx		xxx	xxx	xxx	out

DR Luca Schöning sind in der Teen 16/17

Powerlifting "SP"

Firstname	Lastname	BW	Reshle	W.Cl.	class	McC	SQ 1	2	3	4	BP 1	2	3	4	DL 1	2	3	4	Total	Reshle	McC	Place
Calin	Eschenasy	67,0	1,246	-67,5	open	1,501	150,0DR	x180,0DR	197,5DR		102,5DR	112,5DR	x115,0DR		150,0DR	x200,0DR	x200,0DR		460,0	573,2	xxx	1
Calin	Eschenasy	67,0	1,246	-67,5	M 60-64	1,501	150,0DR	x180,0DR	197,5DR		102,5DR	112,5DR	x115,0DR		150,0DR	x200,0DR	x200,0DR		460,0	573,2	860,3	1
Udo	Spielmann	74,1	1,128	-75,0	M 55-59	1,250	90,0	100,0	x120,0		70,0	x85,0	90,0		160,0	x170,0	x170,0		350,0	394,8	493,5	1
Maik	Müller	91,0	1,000	-100,0	M 40-44	1,000	225,0	235,0	245,0		162,5DR	x170,0DR	170,0DR		220,0	240,0	250,0		665,0	665,0	665,0	1
Can	Tosun	89,7	0,976	90,0	Jun.	1,000	x313,0DR	x313,0DR	313,0DR		x170,0	x180,0	x180,0		xxx	xxx	xxx		xxx	#WERT!	xxx	out

Powerlifting "MP"

Firstname	Lastname	BW	Reshle	W.Cl.	class	McC	SQ 1	2	3	4	BP 1	2	3	4	DL 1	2	3	4	Total	Reshle	McC	Place
Birger	Kontek	97,7	0,924	-100,0	open	1,000	x210,0	210,0	242,5		130,0	140,0	x155,0		220,0	235,0	x250,0		617,5	570,6	xxx	1
Tobias	Blankenhorn	118,9	0,866	-125,0	open	1,000	x275,0	300,0	xxx		175,0	185,0	x200,0		280,0	300,0	x310,0		785,0	679,8	xxx	1
Michael	Federl	77,2	1,087	-82,5	M 40-44	1,005	x250,0DR	xxx	250,0 DR	272,5DR	x150,0	x150,0	x155,0		xxx	xxx	xxx		xxx	#WERT!	#WERT!	out

Gast-Starter PWL Classic-RAW

Firstname	Lastname	BW	Reshle	W.Cl.	class	McC	SQ 1	2	3	4	BP 1	2	3	4	DL 1	2	3	4	Total	Reshle	McC	Place
Roberto	Cvijetic	103,0	0,904	-110,0	Jun.	1,000	205,0	215,0	225,0		135,0	x142,5	142,5		240,0	260,0	275,0		642,5	580,8	xxx	xxx
Anja	Zosso	68,5	1,623	-75,0	open	1,000	192,5	205,0	217,5		102,5	110,0	112,5		167,5	180,0	x187,5		510,0	827,7	xxx	xxx
Žygimantas	Augustas Balšaitis GAST	105,5	0,897	110,0	open	1,000	230,0	240,0	250,0		187,5	192,5	x197,5		280,0	290,0	300,0		742,5	666,0	xxx	xxx